

# Hair Tissue Mineral Analysis

## Practitioner Webinar Series 2020

### Hair Tissue Mineral Analysis in Veterinary Practice and Animal Care

Tuesday August 25th 2020 7.30pm (AEST)

\$55, *FREE* for InterClinical Practitioners

Presented by

**Dr Susan Peden**

BVSc (Hons), Dip. Vet. Clin. Studies (Large Animals), Int'l Veterinary Acupuncture Society Certified, Member of the Australian and New Zealand College of Veterinary Science (Surgery).



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#### About this webinar

*Susan discusses her research and clinical experience with HTMA as a key health screening tool in her practice for prevention and healing of animals.*

Minerals are vital for the function of acid-base balance, enzymatic reactions, energy metabolism, the neuro-endocrine system and bone and joint function.

Rather than generalised nutritional recommendations provided for each animal grouping, we need a targeted nutritional approach based on the individual's metabolic assessment. In human health it is acknowledged that individualised nutritional plans are required - we need to apply the same approach for our animal friends.

Hair Tissue Mineral Analysis provides nutrient and toxic element results, and charts each animal's biochemical individuality. It is an economical test used by practitioners to detect animal nutritional deficiencies and excesses, as well as toxic metal overload, which results in chronic disease and a myriad of other conditions.

Susan's plan is to achieve widespread acceptance of HTMA as a diagnostic and monitoring tool for nutritional interventions, to improve animal health, promote wellness and support animal care.



#### Your presenter

Susan Peden has enjoyed four decades of veterinary practice, mixed, small animal and equine.

Susan is an experienced educator and lecturer both for animal owners through adult education classes and veterinarians through the University of Sydney's Centre for Veterinary Education (Acupuncture).

Based in Tasmania, Susan has a strong interest in holistic animal health and believes a balanced body mineral composition is just as important for our animals as it is for ourselves.



#### What you will learn

- The role of hair mineral testing in the emerging field of veterinary nutritional medicine
- How to work with nutritional minerals by understanding nutrient synergists and antagonists
- How mineral levels and their ratios affect health, performance and recovery
- How essential minerals are affected by toxic minerals
- Why individualising a nutritional plan based on metabolic needs is a critical adjunct to veterinary care, citing her case studies and practical examples

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